

# EMBARK

## A w a r d

**Family**  
**Integrity**  
**Teamwork**  
**Success**

**Name:** \_\_\_\_\_





# The Embark Award

Dear Parent/Carer,

The Embark Award is part of our commitment as a trust to the wider offer for our children. It comprises of 100 activities for children to complete around our 4 core beliefs of Family, Integrity, Teamwork and Success.

These activities encourage family learning at home and we would love you to get fully involved however, there are also a number of activities that the children can experience in school too. I hope you agree that they are fabulous activities/experiences and they are ones that we feel all children should have the opportunity to complete before they leave the primary phase of their education at 11.

Children will work towards their Bronze Award – 40 activities, Silver Award – 60 Activities and then finally their Gold Award – 90 Activities.

For Infant Schools their Bronze Award – 30 activities, Silver Award – 50 Activities and then finally their Gold Award – 70 Activities.

It would be amazing if you could post on social media when you are doing activities together as a family for the Embark Award so we can see these and show you our support. Please use the hashtag #EmbarkAward and tag us in on Twitter @embarkfed or on Instagram – embarkfederation.

We aim to host an Embark Awards evening in the future and I would love to see you there.

Yours Sincerely



**Matthew Crawford**  
Trust Leader





# Family

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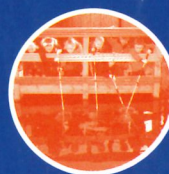
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# Family

- 1 Cook a Family Meal ◀
- 2 Send School a postcard from holiday ◀
- 3 Make something with family and bring into school ◀
- 4 Go on family visit and send a picture or write it up ◀
- 5 Join local Library, attend with family and then read a book together ◀
- 6 Write/e-mail to another member of the Embark Family at a different school ◀
- 7 Play a game with another child from the Embark Family at a different school ◀
- 8 Visit theatre either with school or a Family member ◀
- 9 Take a walk in the countryside ◀
- 10 Have a family picnic ◀
- 11 Interview a family member about their job ◀
- 12 Draw a Family tree and speak to a family member about the past ◀
- 13 Visit the beach, build a sandcastle and take a picture ◀
- 14 Build a den and take a photo of your family inside ◀
- 15 Attend a sporting event ◀
- 16 Attend a visit with another school from the Embark Family ◀
- 17 Grow something to enjoy or eat in your garden ◀
- 18 Visit another country and write a diary ◀
- 19 Go to a place of worship with your family ◀
- 20 Perform at a school show to the members of your family ◀
- 21 Photograph a family pet and describe how you look after/care for it after a week ◀
- 22 Encourage all members of your family to write a comment on our school website or social media page ◀
- 23 Climb a mountain as a team ◀
- 24 Play a board game/teach your family a game ◀
- 25 Play in the snow and build something e.g a snowman ◀



# Integrity

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# Integrity

- 1 Raise at least £10 for a charity event ◀
- 2 Take part in a charity event out of school ◀
- 3 Organise a charity event/ run a stall ◀
- 4 Lead an assembly on a worthwhile topic ◀
- 5 Clean up the community ◀
- 6 Help improve an area of the school ◀
- 7 Keep a recycling diary ◀
- 8 Make an environmental poster ◀
- 9 Help someone in need ◀
- 10 Become a mini leader ◀
- 11 Care for new child at school/become a buddy and model good choices ◀
- 12 Take care of school equipment/be a successful classroom monitor over term ◀
- 13 Teach someone a new skill ◀
- 14 Encourage Healthy Eating – diary/poster/research ◀
- 15 Promote good hygiene in school/home – poster ◀
- 16 Sing in an old people's home ◀
- 17 Make someone in our community smile, make a difference ◀
- 18 Online Safety – promote and display appropriate use of IT equipment, report inappropriate use ◀
- 19 Follow or create a nature trail ◀
- 20 Hand something in of value that you have found ◀
- 21 Write a positive comment on our school website ◀
- 22 Build a memorial – eg. National Memorial Arboretum ◀
- 23 Random act of kindness – appear on our board ◀
- 24 Promote British Values – democracy, tolerance and respect ◀
- 25 Learn about someone else's religion in your school or community ◀



# Teamwork

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# Teamwork

- 1 Participate in 3 school competitions in a year ◀
- 2 Take part in a school camp out ◀
- 3 Solve a problem with a group of friends ◀
- 4 Attend an after school club for at least 6 sessions ◀
- 5 Belong to any team outside of school and show us evidence of this ◀
- 6 Take part in an enterprise project in school ◀
- 7 Represent the school as part of a team ◀
- 8 Represent Embark as part of a team ◀
- 9 Take part in a school performance to an audience as a team ◀
- 10 Represent your class on the school council ◀
- 11 Lead a team of children in school ◀
- 12 Convince your teacher over the year that you are an effective team member ◀
- 13 Teach another group of children a new skill ◀
- 14 Contribute to a team at sports day ◀
- 15 Lead peer reading with a group of younger children ◀
- 16 Receive an award e.g sticker or certificate etc that recognises your team work or helping someone else ◀
- 17 Take part in a team activity outside in the dark ◀
- 18 Supporting a fellow member in class who is struggling ◀
- 19 Complete a team Project in class with children you don't normally work with ◀
- 20 Build a structure with a team in class ◀
- 21 Cook a meal as a team/plan a menu ◀
- 22 Learn how to give constructive feedback to a fellow pupil/team member ◀
- 23 Show resilience as a team by working together to overcome a difficult situation ◀
- 24 Set yourself a stretch goal ◀
- 25 Get a team to set up or scavenger/treasure hunt for children in the Embark family ◀



# Success

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# Success

- 1 Learn a musical instrument and perform it to others ◀
- 2 Complete a reading challenge ◀
- 3 Times Tables – award for improvement ◀
- 4 Spellings – award for improvement ◀
- 5 Complete a school bike ride over 10 miles ◀
- 6 Perform a lead role in a school play ◀
- 7 Achieve 25 metres swimming ◀
- 8 Write a book/article for the website/school newspaper/song ◀
- 9 Appear in the media for something successful or win a competition ◀
- 10 Have a conversation in a different language ◀
- 11 Piece of artwork displayed in a gallery ◀
- 12 Raise over £50 for charity ◀
- 13 Take part in a triathlon ◀
- 14 Attend a school residential ◀
- 15 Solve a complex problem ◀
- 16 100% attendance ◀
- 17 Receive the head teachers award in assembly ◀
- 18 Receive individual praise from a member of the community ◀
- 19 Write and read a prayer in assembly ◀
- 20 Bring in an individual award that you have achieved outside of school ◀
- 21 Produce a new invention/idea that makes a difference ◀
- 22 Conduct a science experiment and tell us about it ◀
- 23 Deliver a powerpoint presentation ◀
- 24 Develop one of the following: coding for a new programme, new recipe ◀
- 25 Complete work experience and record your aspirations for the future ◀